

## **Junior Check List**

### **Choosing A College (Blue)**

- **Attend College Fair** at Maryville University on April 28th. This provides an opportunity to talk with many schools and obtain information. This is also a good time to ask specific questions to see if this school meets your criteria prior to visiting campus.
- **College Representatives** come to the FHHS campus. Check enews, guidance web site, and bulletin boards in the commons area for information on representatives that will be visiting. Please get a pass in guidance prior to the day of the visit in order to attend.
- **Visit College Campuses**—make appointment to visit campus. **SPRING BREAK IS A GREAT TIME.** Take photos on your visit. Your memories will begin to blend together as you visit several schools. The College Comparison Worksheet and Questions to Ask On Your Campus Visit pages will help you organize your visit.

### **How to Get There (Yellow)**

- **Take ACT Test**—register on line at [www.ACTstudent.org](http://www.ACTstudent.org). Also, consider the ACT prep class that is offered here at Francis Howell.
- **A+ Program** guidelines. You still have time to take advantage of this opportunity.
- **Ask teachers/coaches if they will be a reference.** Many scholarships require teacher recommendations. The teachers you have now and in the past will probably know you and your skills better than your senior year teachers. Line up these people this year. Provide them a "resume" next year when you ask them to write a reference letter. **WRITE THEM A THANK YOU NOTE** after they write the recommendation.
- **Apply** - each college will have specific deadlines and admission requirements.

### **Things to Consider (Green)**

- **Explore career fields by job shadowing.** Refer to the handout for more information on this process.
- **Part Time Job and Summer Opportunities** are important ways to explore career fields and build your resume.
- **Hoping to complete in college athletics?** You will find information on eligibility and a sample sports resume'.

### **Other Options (White)**

- **Technical College** may be an option you'd like to explore. Check out the programs at Linn State and Ranken found in this packet.
- Many opportunities are available with the military. Military Academies, summer programs, ROTC, and enlistment after graduation are included for your viewing.

#### March 2013

- Start thinking about college choices
- Visit college campuses during spring break

#### April 2013

- Attend college fair held at Maryville University, April 28<sup>th</sup> from 1-3
- Take ACT test

#### May 2013

- Visit college campuses
- Begin asking teachers/coaches if they will be a reference for you. Many scholarships and colleges require teacher recommendations. The teachers you have now will know you and your skills better than your senior year teachers. Line up these people for next year.

#### June 2013

- Visit college campuses
- Take ACT test
- Start searching for scholarships available on the web. Try FASTWEB.COM and SCHOLARSHIP EXPERTS.COM

#### July 2013

- Visit college campuses
- Start college application essays. Try writing sample drafts.

**August 2013—begin application process. APPLICATIONS SHOULD BE COMPLETED BY November 15. See yellow sheets regarding application tips and essay-writing hints.**

## **Steps in Making a College Visit**

Spring Break provides a wonderful time to visit colleges. You should try to visit prior to your senior year. You have 3 college visit days during your junior year.

Call or email the college admissions office and ask to set up a college visit. Tell them the majors you are considering, the clubs and activities you are interested in and ask to sit in on a class. MOST schools will set up individualized tours for you. SOME only offer specific times and dates for tours. Be as specific as possible in what you'd like to see and people you'd like to talk with (i.e. architecture lab, Dean of the College of Business, football coach) during your visit. Most schools will send you an itinerary as well as a parking permit, directions and a meal ticket to eat while on campus.

To take a college visit day, have a parent call the attendance office PRIOR to the college visit to report the absence. While on your visit ask for proof that you were there, the college will provide a letter or form stating you visited.

In addition to your visits, many colleges also visit the guidance department during the school day. Watch the board outside guidance and listen to the daily announcements for the details of these visits. Be sure to ask for a pass to attend these visits.

### **COLLEGE INFORMATION WEBSITES**

Consult these websites to research colleges and the majors they offer.

[www.princetonreview.com/home.asp](http://www.princetonreview.com/home.asp)

[www.usnews.com/usnews/edu/college/rankings/rankindex\\_brief.php](http://www.usnews.com/usnews/edu/college/rankings/rankindex_brief.php)

[www.petersons.com](http://www.petersons.com)

[www.collegeboard.com](http://www.collegeboard.com)

[www.collegenet.com](http://www.collegenet.com)

### **SCHOLARSHIP WEBSITES**

These sites will help you get a start on the scholarship search. Begin searching this summer to avoid the pressures of senior year.

[www.collegesportsscholarships.com](http://www.collegesportsscholarships.com)

[www.finaid.org](http://www.finaid.org)

[www.fastweb.com](http://www.fastweb.com)

**RETURN YOUR SENIOR YEAR READY TO APPLY TO *THREE* SCHOOLS IN WHICH YOU ARE INTERESTED.**

# College Comparison Worksheet

<b>College Name</b>			
<b>Location</b> <ul style="list-style-type: none"> <li>distance from home</li> </ul>			
<b>Environment</b> <ul style="list-style-type: none"> <li>type of school (2 or 4)</li> <li>school setting (urban or rural)</li> <li>location &amp; size of nearest city</li> <li>co-ed, male, female</li> <li>religious affiliation</li> </ul>			
<b>Admission Requirements</b> <ul style="list-style-type: none"> <li>deadlines</li> <li>tests required</li> <li>average test scores, GPA, class rank</li> <li>notification</li> </ul>			
<b>Academics</b> <ul style="list-style-type: none"> <li>majors offered</li> <li>special requirements</li> <li>accreditation</li> <li>student-faculty ratio</li> <li>typical class size</li> </ul>			
<b>College Expenses</b> <ul style="list-style-type: none"> <li>tuition, room &amp; board</li> <li>estimated total budget</li> <li>application/deposit fees</li> </ul>			
<b>Financial Aid</b> <ul style="list-style-type: none"> <li>deadlines</li> <li>required forms</li> <li>% receiving aid</li> <li>scholarships</li> </ul>			
<b>Housing</b> <ul style="list-style-type: none"> <li>residence hall requirement</li> <li>food Plan</li> </ul>			
<b>Facilities</b> <ul style="list-style-type: none"> <li>academic</li> <li>recreational</li> <li>other</li> </ul>			
<b>Activities</b> <ul style="list-style-type: none"> <li>clubs, organizations</li> <li>Greek life</li> <li>athletics, intramurals</li> <li>other</li> </ul>			
<b>Campus Visits</b> <ul style="list-style-type: none"> <li>when</li> <li>special opportunities</li> </ul>			

# Campus visits .....

## There's no substitute for seeing a college yourself!

There are lots of ways to find out about a college, from brochures to videos to college fairs.

But the bottom line is that

nothing beats the test of going to a college and seeing it for yourself.

Here are some ideas to help you make the most of a campus visit.

A campus visit is informative at any time, but it's best to see a college in action, when students are in classes.

### Before you go

#### Call the admissions office in advance

Just as there's no substitute for seeing a college firsthand, there's no substitute for advance planning.

When you call the admissions office, tell them the date you'd like to visit and the time of day you expect to arrive.

If you want to stay overnight in a residence hall, ask if they can make arrangements.

Also, find out about lining up an interview (if they offer them and you'd like one) or attending an information session, visiting classes and talking with faculty.

Colleges encourage visits, but their schedules for tours, interviews and overnight stays might fill up early. Call ahead!

#### Read up on the college and think about questions

Go back through the information you've collected about the college. Check the resources at your school's guidance office and browse the college's Web site, if possible.

This research will help you

think of questions to ask and aspects of the college to explore while you're there.

The other side of this page has lists of questions to help you get started. As you think of other questions, write them down.

Have some extra time during your visit? Stop by the campus coffee shop or grill, read bulletin boards, try to strike up conversations with students, or go to a play or lecture.

### While you're there

#### Talk to as many students as you can

Once you're on campus, try to take advantage of a variety of ways to learn about the college:

- Meet with an admissions officer or attend an information session
- Take a tour of the campus
- Sit in on a class

- Have a meal in the cafeteria
- Pick up copies of the student newspaper and alumni magazine.

Throughout your visit, talk to as many students as you can and don't be bashful about asking questions!

#### Prepare for the interview

If you have scheduled an interview, take along your list of questions, so you're sure to cover everything you wanted to find out.

You'll probably be asked about your academic background,

interests, hobbies, goals and why you're interested in the college, so be ready to talk about that.

As with any interview, be on time, or call ahead if you know you'll be delayed.

Nervous about the interview? That's natural. Try to look at it as a conversation in which you ask questions, too. You'll be more likely to relax, be yourself and enjoy it.

#### Take time to look around on your own

Take some time to explore the campus on your own and absorb the atmosphere. While

organized activities can give you information you can't get on your own, the reverse is true, too.



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Lake Forest • Lawrence • Luther • Macalester • Monmouth • Ripon • St. Olaf  
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# Lots and lots of ????

You've probably already thought of lots of questions to ask during your campus visit.

Here are some suggestions, but be sure to ask the questions that are important to YOU.

## When you talk to students, ask . . .

1. How many hours a week do you study? Is that typical here?
2. Are faculty members interested in students and accessible outside of class?
3. Do many students go home on weekends?
4. Are the athletic facilities open to all students or only to athletes?
5. Is it possible to study in your dorm room?
6. Is the food good?
7. Are campus jobs readily available?
8. Is there easy access to computers? Where are they located?
9. What's the library like as a place to study? to do research?
10. What do you like most about this college? least?
11. How easy is it to get the classes you want?
12. If you could change something about this school, what would it be?

## If you attend a class, ask yourself . . .

1. Are students prepared for the class? Do they seem interested in the material?
2. Do I feel that the students are learning—either new facts or new ways of thinking about a subject?
3. Is there time for questions and discussion? Do students participate?
4. Am I intellectually challenged by what is taking place in the class?
5. Is there good rapport between professors and students?

## As you tour the campus, ask yourself . . .

1. Are the buildings in good repair? the grounds well-kept?
2. Are the residence halls pleasant and quiet enough to study in? Are there laundry and kitchen facilities?
3. What's the cafeteria like?
4. Are computers and lab equipment up-to-date and plentiful?
5. What's the surrounding town or city like?

## In an interview or information session, you could ask . . .

1. Does the college have academic programs that fit my interests?
2. Where are computer terminals located? Will I have to pay extra for computer time?
3. Will I have access to special equipment (such as an electron microscope) as a first-year student?
4. What are the strengths and weaknesses of the college's advising system?
5. How many students will there be in courses I'm likely to take in my first year? Are those courses taught by professors or graduate assistants?
6. What kinds of campus jobs are available for first-year students?
7. Will there be any new programs or facilities in the next two years?
8. What are the college's recent graduates doing now?

## After the visit

### Write down your impressions

1. Were the people you met friendly? Did they answer your questions fully and candidly?
2. What do you think of the quality of instruction and the academic atmosphere?
3. Were the students the kind of people you'd like to get to know?
4. Did you like the social atmosphere?
5. Would you like to spend more time there?

People's views about a college or university can vary widely, so try to talk with as many people as possible.

Write down your questions so you'll remember them and can refer to them during your visit.

As you tour the campus and talk with people, ask yourself whether this is a place where you'd feel comfortable and able to learn and do your best.

Are you interested in any extra-curricular activities? If so, ask about them and try to see the facilities.

If possible, write down your impressions of the college while they're still fresh in your mind.



This *College Guide* handout is published by the Associated Colleges of the Midwest.  
Visit the ACM website for more pre-college planning materials.

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## 2012 – 2013 ACT Test Dates

**Testing Locations in  
the Area Include:**

Francis Howell  
North, Zumwalt  
West, Timberland,  
and  
Saint Charles  
Community College

Test Date	Registration Deadline	(Late Fee Required)
April 13, 2013	March 8, 2013	March 9-22, 2013
June 8, 2013	May 4, 2013	May 4-7, 2013

## 2013 – 2014 Test Dates

September 21, 2013

October 26, 2013

December 14, 2013

February 8, 2014

April 12, 2014

June 14, 2014

(Registration Deadlines TBA)

## ACT Fees 2012-2013

### Basic Fee per Test Option

(includes up to four valid college  
codes listed when you register)

ACT (No Writing) \$35.00

ACT Plus Writing \$50.50

Late Fee +\$22.00

Test center change (for same  
test date) +\$21.00

*You must use a valid credit card and  
current photo to register online.*

*Check the ACT website for information  
on other fees and refund policies.*

Register online @ [www.actstudent.org](http://www.actstudent.org)

Francis Howell High School CEEB Code – 262-845

University of Missouri schools will no longer take test scores from high school transcripts. It is important that you have your score sent directly the college you are considering.

# Cambridge ACT Test Prep Course

## Francis Howell High School

Francis Howell High School will be holding the Cambridge ACT Test Prep Course this year. Class meets at Francis Howell High School on Tuesdays and Thursdays from 6:00 – 9:00 p.m. with the exception of the first and sixth weeks which will start at 5:30 to accommodate test taking time limits. There are no classes held if school is called off for any reason or if construction emergencies arise. Those classes will be made up if possible but may be on a different night of the week.

ACT Test Dates:			
Prep Class Dates:			
	See guidance for more information on class dates and times.		Testing
			English
			Science
			Reading
			Math
			Testing
			Review

Cost: \$125.00 (which includes textbook, practice test materials, and classes)

**YOU WILL ALSO NEED TO REGISTER FOR THE ACTUAL ACT TEST, SEE GUIDANCE FOR A REGISTRATION PACKET.**

The goal of this seven session, twenty-one hour course is to improve test scores and prepare students by reviewing and practicing ACT test materials. English, Mathematics, Reading and Science Reasoning components of the test will be reviewed on individual class dates. A practice exam and post-exam will be conducted for the student to get feedback on their individual performance. The last class date will be a question and answer session with both instructors present.

You will receive a confirmation letter about a week before class starts.

Enrollment is limited to the first 30 *paid* registrants and must be received a minimum of seven days before the first class of the session. If we do not receive twelve enrollments for a session, that session will be cancelled and your enrollment fee will be returned. Refunds are not granted for any session(s) missed. To register complete the following registration form and send to:

Patty Sheets/Guidance Department  
Francis Howell High School  
ACT Prep Course  
7001 Highway 94 South  
St. Charles, MO 63304

For more information please call 636-851-4789 or e-mail [patty.sheets@fhsdschools.org](mailto:patty.sheets@fhsdschools.org)

### ACT CAMBRIDGE REVIEW REGISTRATION FORM

Name \_\_\_\_\_ Student's ID# \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (cell) \_\_\_\_\_ Parent's SS# \_\_\_\_\_  
(or driver's license #)

Home Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

E-mail address (to be used for updates and reminders) \_\_\_\_\_

Highest ACT Composite Score \_\_\_\_\_

Which test date are you registering for?      10/23    12/11    2/12    4/9    6/11

Make check payable to Francis Howell High School. Please include either your driver's license or SSN and phone on your checks. Thank you.



## **A+ PROGRAM FOR FHHS STUDENTS**

A+ Coordinator: Jen Lowrey

A+ Administrative Assistant: Kathy Davis

### **What is the A+ Program?**

A+ program pays for two years at any public community college or public technical school in the state of Missouri?

### **What are the requirements for me to be an A+ graduate?**

1. Attend a designated A+ School for three consecutive years prior to high school graduation.
2. Graduate from high school with a GPA of 2.5 or better.
3. Maintain a 95% attendance record for the four-year period while enrolled in high school.
4. Perform 50 hours of unpaid tutoring of other students on FHSD property, under the supervision of a FHSD employee, by January 1st of the student's senior year.
5. Maintain a record of good citizenship according to the A+ program and FHHS Student Handbook.
6. Parents complete the FAFSA during student's senior year.
7. Male students must register with the Selective Service upon their 18th birthday.

### **How do I get my tutoring placement?**

Students need to attend only one A+ training session. They will be given all the required paperwork at this session. All A+ tutoring training sessions are from 2:30-3:30pm in the auditorium. Students should attend the training in August if they plan to do their tutoring hours during first semester. Students should attend the training session in November if they want to do their tutoring hours second semester. Students should attend the training session in April if they want to do their tutoring hours in the summer. Please note that students are required to complete all 50 hours during one semester. Most placements are at elementary schools in classrooms or at Vacation Station.

### **When is the next time I can sign up for training?**

Juniors that want to do their hours over the summer MUST attend a MANDATORY meeting on April 11th at 2:30pm in the FHHS Auditorium. All paperwork will be given at that time to sign up for tutoring over the summer.

2013-2014 A+ Training Dates to be announced through Enews and will be on the A+ Website:

[http://fhfdfhhs.sharpschool.net/guidance/a\\_program](http://fhfdfhhs.sharpschool.net/guidance/a_program)

## ADMISSIONS

Many colleges have gone to a paperless campus which means you will need to apply online. Once you've applied (sent electronically) please fill out a transcript request form found on bright pink paper in the guidance office. Your transcript will be sent as soon as possible. Please be aware it may take as long as 2 weeks for the transcript to arrive so plan ahead.

### TIPS FOR WRITING AN ADMISSION ESSAY

1. Approximately one-third of all of the four year colleges and universities in the United States require or recommend an essay.
2. The purpose of an essay is to more fully develop an understanding of the applicant as an individual.
3. Admission officers are unanimous in their opinion that the essay helps them to learn more about the person behind the list of credits and to see if the applicant can write clear, concise and effective prose.
4. Admission officers consider the essay **VERY IMPORTANT** though the high school transcript, kinds of courses and standardized test scores are usually more important factors in the admission decision.
5. Your essay will influence your readers. It will set a tone for the entire application that can alter your reader's view – positively or negatively.
6. The essay is the single most important element of the application that you can use to influence directly the admission committee's perception of you.

### ESSAY CHECKLIST

- Treat the essay not as an English class essay, but more as a personal essay
- Think about it, but don't put it off
- Ask your teachers for help
- Your essay should provide insight into your character
- Let the reader know how you think and feel as well as your outlook on life
- Use an easy to follow style
- Be creative, to a point
- Use an outline
- Don't use your essay as a list of achievements
- Stay within the space provided or requested
- Put your name and social security number on **EVERY PAGE**
- Answer the question asked, not the one you want to answer
- **PROOFREAD**
- Have someone else **PROOFREAD**

## Application Do's and Don'ts

### DO:

- Read all directions carefully
- Apply online, if possible, so you're less likely to make careless errors. Make sure to request that a transcript be sent after you have applied.
- Have someone read and proofread all parts of your application
- Use your essay as a chance to show admission officers that you're more than grades and test scores.
- Include anything that makes you stand out from the crowd, such as honors, awards, or special talents, using a college resume
- Review your high school transcript before it's sent to colleges to see it accurately reflects your courses and grades
- Make copies of everything you send and keep track of when and where you sent it
- Find out if the college accepts special material, such as a sample of your artwork
- Clarify. Just because you know that "President, D.C.A.S" means "President, Dawson's Creek Admiration Society," doesn't mean the counselor will

### DON'T

- Procrastinate
- Lie or exaggerate —it will come back to haunt you
- Leave off important details. For ex, if you play in the school band, include what instrument you play.
- Get sloppy with typos of the application's appearance. It looks like you just didn't care.
- "Borrow" ideas for your essays, whether from a friend or a Web site. Your essay should be your own.
- Use gimmicks to get the admissions officers attention.
- Go way over the college's length limit for the essay. Admission officers have limited time, and lots of essays.
- Drop the ball once your application is sent. Write thank-you letters to recommendation writers and colleges to see if your application is complete.
- Be a pest. Contact the admission office judiciously.

**Jon Smith**  
1 Main Street  
O'Fallon, MO 63366  
636.441.4000

**Education**

Fort Zumwalt South High School, Mexico Road, Saint Peters, MO. Graduate May 2010. Grade point average: 4.1

**School Activities**

National Honor Society	Selected	March 2010 – present	2 hours/week
A+ Schools Mentor	Volunteered	07-08, 08-09, 09-10	2 hours/week
Varsity Soccer	Selected	09-10	15 hours/week
Captain	Selected	09-10	
Varsity Hockey	Selected	07-08 08-09 09-10	10 hours/week
Captain	Selected	09-10	
Varsity Baseball	Selected	07-08 08-09 09-10	20 hours/week
Captain	Selected	09-10	

**Honors/Awards**

National Honor Society	Member of the Month	September 2009
Honor Roll		06-07, 07-08, 08-09, 09-10
Academic Letter		07-08, 08-09, 09-10
Magna Cum Laude		Graduation 2010
Scholar Athlete	Hockey	07-08, 08-09, 09-10
Scholar Athlete	Baseball	07-08, 09-10
Scholar Athlete	Soccer	09-10
Most Improved Player	Hockey	08-09
Offensive Player of the Year	Hockey	09-10
All Conference Academic Team	Soccer	09-10
All Conference Academic Team	Baseball	08-09, 09-10
All Conference Team-Second Team Honors	Baseball	08-09, 09-10
MSHSAA Sportsmanship Award		09-10

**Community Service/Volunteer Work**

Through A+ school program I have tutored students for over 64 hours at the middle and high school. The requirements are 50 hours of tutoring.

In addition to the tutoring, I have participated in numerous service projects through National Honor Society. These projects include: assisting with the school-wide blood drive, safe Halloween for elementary-age students, assisting parents and students with school registration, adopting needy families during the holidays, and organizing/planning the winter school dance. I earned my stole representing over 150 hours of community service.

**Employment**

Schnuck's Supermarket, 577 Mid Rivers Mall Drive, Saint Peters, MO. August 2007-July 2009. Assisted customers, cleaned aisles with spills, stocked shelves, cleaned kitchen area.

Gym Corp, 11613 TR 108, Findlay, OH. August 2006-November 2006. Assembled and installed athletic fields, bleachers, and equipment.

## **JOB SHADOWING**

Job Shadowing is a worksite experience during which a student spends time one-on-one with an employee observing daily activities and asking questions about the job, industry, and workplace. This experience gives the student a meaningful introduction to the world of work and provides a context for understanding the connection between school and careers. It helps the student decide if a specific career is one they really want to pursue. A student's junior year is an excellent time to job shadow. Before juniors decide on what college they are going to, they should determine what type of career they would like to pursue. Job shadowing is a great way to determine if a career is right for you or not.

### **Before job shadowing a student should:**

1. Research information about the job and the business they want to explore.
2. Select an occupation and a job site. Contact the business by phone or letter to see if they would allow a student to job shadow.
3. Arrange a date with the employer to job shadow. Confirm the exact time of the job shadow experience, what you should wear, and who your contact will be at the business.
4. Discuss all arrangements with their parent, including transportation and lunch plans.
5. Visit the job site with a parent if allowed. Parents should decide if the company is a reputable place of business that they would feel comfortable allowing their child to job shadow at.
6. Make a list of questions ahead of time that you have about the particular career.

### **During the job shadow experience:**

1. If for some reason the student cannot make it to the job site, he/she should personally notify the employer.
2. Arrive on time appropriately dressed and stay for the full time scheduled.
3. Be sure to ask the questions you brought with you about the career.

### **After the job shadow experience:**

1. Be sure to send a thank-you letter to the employer for allowing you to job shadow.
2. Decide if this is a career you want to explore further and list the pros and cons of having that particular career.

## **Job Shadowing**

### **QUESTIONS TO ASK YOUR BUSINESS HOST**

Student Name \_\_\_\_\_

Shadow Site \_\_\_\_\_

Person Shadowed \_\_\_\_\_

The following guidelines should help you to get the most out of your job shadow experience. You should try to ask as many of these questions as possible, but feel free to ask other questions that might also be appropriate.

1. What is the primary mission of this organization?
2. What are the responsibilities of your department?
3. What are your responsibilities?
4. How does your job relate to the overall organization?
5. What other people do you work most closely with?
6. Are computers used on the job? If so, in what capacity?
7. What type of education and/or training is needed for the job? What is your education/training?
8. How did you decide to do this type of work?
9. What do you see as the demand for jobs like yours in the future?
10. What do you like most about your job?
11. What do you like least about your job?
12. What is the salary range for someone working in the field? (what is a typical starting salary?)
13. What basis skills do I need to get in high school?
14. Do you have any advice for me as I consider career options?
15. Anything else that you find interesting!

### **SUMMER OPPORTUNITIES PROVIDE EXPERIENCE AND EXPOSURE**

Please check out the FHHS Guidance Web Site and click on Summer Opportunities and Enrichment Programs. Also visit the Summer Opportunities binder found in the guidance office for more summer camps. The binder in the guidance office offers the chance to learn about careers such as law enforcement, non profit organization administration, pharmacy, and engineering. In addition, the United States Military Academies hold summer leadership programs which help students considering applying to West Point, Annapolis, and Colorado Springs an opportunity to experience the rigors of Academy life. There are also numerous pre-college summer scholars programs available. All of these provide important insight into careers and enhance your college application.

they are NCAA approved core courses and uses your school's grade point system. Your core course GPA is calculated using ONLY the core courses you have completed and uses the NCAA's "quality points" system.

#### **WHAT SAT/ACT TEST SCORES DO I NEED?**

The test score requirements vary between Division I and Division II.

In Division II, the test score requirements are the same for every student, regardless of GPA. To meet Division II requirements you must earn achieve at least an 820 on the SAT or a sum score of 68 on the ACT.

In Division I, a sliding scale is used based on core course GPA. The higher your GPA, the lower your test scores need to be to qualify.

Test scores will be calculated using the math and verbal subsections of the SAT and the sum of the math, science, English and reading subsections of the ACT. The writing component of the ACT or SAT will not be used to determine your qualifier status.

### **Hoping to play college sports?**



**Don't do this until AFTER 6<sup>th</sup> semester  
(summer after junior year)**

#### **NCAA**

- Register with Clearinghouse at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)

#### **NAIA**

- Register online at [www.PlayNAIA.org](http://www.PlayNAIA.org)
- One time fee of \$60
- Have ACT scores sent to code # 9876

**CEEB # 262 845**

SCHOOL CODE - 712977200

SCHOOL ID - 262845



**CORECOURSEGPA.com**

Formerly Clearinghouse Calculator

## **BECOME FAMILIAR WITH THE NCAA ELIGIBILITY CENTER**

If you want to play a sport at any NCAA Division I or II university as a freshman you must register and be certified by the NCAA Eligibility Center (formerly the Initial-Eligibility Clearinghouse). All high school student-athletes should be aware of and understand the NCAA Eligibility Center.

### **WHAT IS THE ELIGIBILITY CENTER?**

The Eligibility Center sets NCAA minimum eligibility standards for incoming freshmen student-athletes and determines whether or not you have met those standards. To play as a freshman at any NCAA Division I or II university you **MUST** register with the Eligibility Center, meet all Eligibility Center requirements and be certified by the Eligibility Center.

### **WHAT ARE THE STANDARDS I MUST MEET?**

The standards issued by the Eligibility Center are slightly different for Division I and Division II but are based on the same four principles:

1. You must graduate from high school.
2. You must successfully complete all core courses.
3. You must have a minimum 2.0 GPA in core courses.
4. You must have a minimum qualifying score on the ACT or SAT.

### **WHAT IS A CORE COURSE?**

Core courses are the foundation of the Eligibility Center's standards. A core course is any course at your high school that has been reviewed and approved by the NCAA as a course that meets their academic standards. In other words, core courses are courses "approved" by the NCAA.

The Eligibility Center approves courses in four categories; English, Math, Natural/Physical Science and Social Science.

You must complete a minimum number of core courses in each category as part of the certification process.

### **HOW MANY CORE COURSES DO I NEED TO COMPLETE?**

You must complete 14 core courses for Division II and 16 core courses for Division I.

### **IS MY CORE COURSE GPA THE SAME AS MY HIGH SCHOOL GPA?**

No. Your high school GPA includes all of the courses you have taken whether or not



In light of the recent Super Bowl, I thought this would be an opportune time to talk about athletics in the admissions process. If you are a student-athlete serious about playing a sport in college, this will help you to better understand how the admissions process for you will be different. There are currently three athletic divisions -- I, II and III. Each school falls under one of these divisions. Divisions I and II can offer athletic scholarships, while Division III cannot. This does not mean that you cannot get scholarship money if you decide to attend one these schools; it just means that the scholarship will not be designated as athletic.

As early as your sophomore year in high school, it is important to start gauging your ability. It is not enough for your mom to think you are a great player. Your ability has to be recognized through times, statistics, awards, etc. Have a very honest conversation with your coach about your talent and your prospects. Ask what you can do over the next two years to become the strongest athlete possible if that is something you are ready to commit to. This might include more practices, attending specific tournaments, or joining other teams -- all of this depends on which sport you play.

You should also ask which division of play your coach thinks you will be ready for when the time to get recruited and apply rolls around. Division I is typically the hardest and most competitive division. And don't be afraid to ask who he or she might know at the different colleges. That relationship can one day prove to be a great asset for you because college coaches will often rely on feedback from high school and club coaches about your athleticism and your personality.

Reach out to coaches early. If you are looking at Division I and II teams, you need to register with the NCAA Eligibility Center and be qualified as an amateur student-athlete. You can register as early as the first day of your junior year. Transcripts cannot be sent for verification, though, until you have completed your junior year (six semesters of coursework). Coaches cannot contact you via email until Sept. 1 of your junior year and by phone until July 1, but that does not mean you cannot reach out to them beforehand for all divisions.

Build an athletic resume and make sure that someone is at your games, matches, meets or tournaments video-recording your play. This video can later be edited to show highlights of your strengths. When you reach out to a coach, express your interest in the school and the sport and attach your athletic resume. Indicate which events you plan to compete in for the near future, because this gives an indication of your level of play. If you don't hear back from a coach, do not get discouraged. Coaches are getting bombarded by emails, but they are reading them. They might ask you to complete a school-specific questionnaire, which you should do immediately. And as you get more accolades, send in an update. You can also ask your coach to reach out when it gets closer to the end of your junior year.

As important as it is to become the best athlete possible, you cannot sacrifice your academics. The NCAA has very strict rules about which courses you must complete and the minimum GPA. Yes, in some cases exceptional athletes will get accepted to a school with the minimum GPA, but for the most part coaches want to recruit those who can do as well in the classroom as they can on the field. Partly because you will need to maintain your academics in college in order to play, and before the coaches invest time and money into you, they want to know that you can handle the balance.

The most important thing is to start the process early. Get educated on what it means to be an athlete in college before you commit. And learn what the recruiting process will involve. Most of all, know that this is a big decision you are making, so talk it over with those who know you well before you dive in.

Purvi S. Mody is co-owner of Insight Education, an educational consulting firm that helps students throughout the Bay Area to achieve their educational goals. Email her at [purvi@insight-education.net](mailto:purvi@insight-education.net).

# Questions to Ask as You Consider Colleges

You may want to ask your prospective college coaches the following questions as you consider colleges.

## Athletics

1. **What positions will I play on your team?** It is not always obvious. Most coaches want to be flexible, so you might not receive a definite answer.
2. **What other players may be competing at the same position?** The response could give you an idea of when you can expect to be a starter.
3. **Will I be redshirted my first year?** The school's policy on redshirting may impact you both athletically and academically.
4. **What expectations do you have for training and conditioning?** This will reveal the institution's commitment to a training and conditioning program.
5. **How would you best describe your coaching style?** Every coach has a particular style that involves different motivational techniques and discipline. You need to know if a coach's teaching style matches your learning style.
6. **When does the head coach's contract end? How long does the coach intend to stay?** The answer could be helpful. Do not make any assumptions about how long a coach will be at a school. If the coach leaves, does this change your mind about the school/program?
7. **What are preferred, invited and uninvited walk-on situations? How many do you expect to compete? How many earn a scholarship?** Situations vary from school to school.
8. **Who else are you recruiting for my position?** Coaches may consider other student-athletes for every position.
9. **Is medical insurance required for my participation? Is it provided by the college?** You may be required to provide proof of insurance.
10. **If I am seriously injured while competing, who is responsible for my medical expenses?** Different colleges have different policies.
11. **What happens if I want to transfer to another school?** You may not transfer without the permission of your current school's athletics administration. Ask how often coaches grant this privilege and ask for an example of a situation in which permission was not granted.
12. **What other factors should I consider when choosing a college?** Be realistic about your athletics ability and the type of athletics experience you would enjoy. Some student-athletes want to be part of a particular athletics program, even if that means little or no playing time. Other considerations include coaching staff and style. Of course, the ideal is to choose a college or university that will provide you with both the educational and athletics opportunities you want.

## Academics

1. **How good is the department in my major? How many students are in the department? What credentials do faculty members hold? What are graduates of the program doing after school?**
2. **What percentage of players on scholarship graduate?** The response will suggest the school's commitment to academics. You might want to ask two follow-up questions:
  - 1) What percentage of incoming students eventually graduate?
  - 2) What is the current team's grade-point average?
3. **What academic support programs are available to student-athletes?** Look for a college that will help you become a better student.
4. **If I have a diagnosed and documented disability, what kind of academic services are available?** Special academic services may help you achieve your academic goals.
5. **How many credit hours should I take in season and out of season?** It is important to determine how many credit hours are required for your degree and what pace you will follow to obtain that degree.
6. **Are there restrictions in scheduling classes around practice?** NCAA rules prevent you from missing class for practice.
7. **Is summer school available? If I need to take summer school, will it be paid for by the college?** You may need to take summer school to meet academic and/or graduation requirements.

## College Life

1. **What is a typical day for a student-athlete?** The answer will give you a good idea of how much time is spent in class, practice, study and travel. It also will give you a good indication of what coaches expect.
2. **What are the residence halls like?** The response should give you a hint of how comfortable you would be in your room, in study areas, in community bathrooms and at the laundry facilities. Also ask about the number of students in a room, co-ed dorms and the rules governing life in the residence halls.
3. **Must student-athletes live on campus?** If "yes," ask about exceptions.

### Estimated Probability of Competing in Athletics Beyond the High School Interscholastic Level

Student-Athletes	Men's Basketball	Women's Basketball	Football	Baseball	Men's Ice Hockey	Men's Soccer
High School Student Athletes	552,935	449,450	1,108,286	478,029	36,667	383,561
High School Senior Student Athletes	157,981	128,414	316,653	136,580	10,476	109,589
NCAA Student Athletes	17,081	15,307	64,235	30,386	4,006	21,031
NCAA Freshman Roster Positions	4,880	4,373	18,353	8,682	1,145	6,009
NCAA Senior Student Athletes	3,796	3,402	14,274	6,752	890	4,674
NCAA Student Athletes Drafted	44	32	250	600	33	76
<b>Percent High School to NCAA</b>	<b>3.1%</b>	<b>3.4%</b>	<b>5.8%</b>	<b>6.4%</b>	<b>10.9%</b>	<b>5.5%</b>
<b>Percent NCAA to Professional</b>	<b>1.2%</b>	<b>0.9%</b>	<b>1.8%</b>	<b>8.9%</b>	<b>3.7%</b>	<b>1.6%</b>
<b>Percent High School to Professional</b>	<b>0.03%</b>	<b>0.02%</b>	<b>0.08%</b>	<b>0.44%</b>	<b>0.31%</b>	<b>0.07%</b>

**Note:** These percentages are based on estimated data and should be considered approximations of the actual percentages.

## THOUGHTS ABOUT JUNIOR COLLEGES

A junior college may be your best bet for college next year! Junior colleges are schools that generally offer two kinds of programs for students who are interested in higher education. The first is called the transfer program. It enables you to enter the school as a college freshman, complete one or two years at the school, and transfer your credit to a four-year school. The second program is called a terminal program. It results in an associate's degree after two years and provides the qualifications for you to then find a job in your field of specialization. Certain junior colleges may award scholarships to recruited athletes. They provide excellent education. Think about these facts.

\*Junior colleges generally offer an open-door admissions policy. You probably don't have to worry about acceptance. You do have to plan on working hard in each of your classes.

\*If you haven't done as well academically as you wanted, a junior college may provide an additional opportunity for you to improve your grade point average, then apply to a four-year school. Remember, you will be gaining college credits while you are improving your GPA.

\*If you failed to meet the provisions of the NCAA's Bylaw 14.3, a junior college may provide the opportunity for you to continue to play in your sport in college and ultimately to transfer to a four-year school.

\*Junior colleges often provide academic help to students. You may benefit from such help.

\*If you have been contacted by coaches at one or more four-year schools but must attend a junior college, be sure to meet with counseling personnel at the junior college to make sure you meet admissions requirements and to guarantee that the courses you take at the community college will transfer to the four-year school.

## THOUGHTS ABOUT NAIA AND NCAA DIVISION III SCHOOLS

High school student athletes who are interested in a playing spot in college need to know a little bit about the NCAA's Division III schools. These generally are the small schools that don't receive national coverage by the media but they have every bit as much tradition and history as the major colleges—sometimes more. They are not allowed to award athletic scholarships, but more young athletes play in Division III schools than any other, and they generally receive among the finest education in the country. Think about these facts:

\*Division III and NAIA colleges and universities constitute some of the best schools in the country. They are among the most prestigious and provide some of the best educational programs.

\*Division III and NAIA schools provide some of the best placement opportunities in the nation after graduation—for both jobs and graduate schools.

\*Most Division III and NAIA schools provide informal and personalized educations. Students get to know their professors quite well.

\*Division III and NAIA schools provide increased contact with professors and fewer contacts with graduate assistants.

\*Student athletes who are not being recruited by major college programs may still have the chance to play their sports in Division III or NAIA colleges.

\*Division III and NAIA schools tend to be extremely competitive both academically and athletically. They have some of the finest athletes in the nation.

**Jon Smith**  
1 Main Street  
O'Fallon, MO 63366  
636.441.4000  
jsmith@hotmail.com  
Class of 2010

High School: Fort Zumwalt South High School  
High School Phone Number: 636.978.1212  
Date of Birth: June 14, 1992  
Height: 6'2"  
Throws: Right  
Position: Infield

**2009 High School Season**

Batting Average  
One Base Percentage  
Hits  
Doubles  
Triples  
Home Runs  
Runs  
Walks

**Overall Statistics**

.397  
.546  
29  
4  
0  
16  
20  
21

**HONORS**

GAC All Conference Team – Second Team Honors – 2010  
All Conference Academic Team – 2010  
Scholar Athlete – 2009

Grade Point Average      3.9/4.0  
Academic Awards      Honor Roll  
                                 Academic Letter  
                                 National Honor Society

Desired Major      Architecture

High School Coach:    2009 season – Tony Primeau 636.949.3800  
                                 2010 season – Keith Deshurley (assistant coach 2009) 636.240.9393

American Legion Coach:    Junior Legion Coach – Mike Govero 636.379.1800  
                                 Senior Legion Coach – Tony Barylski 636.978.8080



# R

ranken technical college scholarships

"As an A+ student, I will have some of my tuition paid for by the government and more financial stability. I wanted to come to Ranken because of the real-world training and the potential job opportunities it provides. A+ is an excellent incentive that will definitely help me."

Nick Franklin, Electrical Automation Student and Lewis and Clark High School Graduate

#### » Qualifying Applicants

To be applicable for the A+ Program, students must attend a qualifying high school and be a part of the program throughout high school. Participating programs are in the state of Missouri. District rates are applicable to students who live in the ZIP code regions that begin with 630xx and 631xx. All other ZIP codes get the out-of-district rate. If you are currently a part of the A+ Program, the application process at Ranken is simple:

- » Send in a high school transcript incorporating the A+ stamp
- » Bring in your original birth certificate or passport and driver's license or photo ID
- » If attended a prior college, bring the college transcript for a grade point verification
- » Must complete financial aid FASFA forms

The acceptance is dependant on the student's financial status and other financial assistance that the student may receive. Please see an admissions representative for all rate inquiries.

#### » Ranken Material

You can now have access to all of Ranken's excellent resources while participating in the A+ program. Experience success at Ranken with:

- » Free lifetime job placement services
- » Job opportunities per graduate exceed our number of graduates
- » Employer-focused job fairs and special events for student placement
- » Accreditation by the Higher Learning Commission
- » Member of the North Central Association of Colleges and Schools
- » Free lifetime membership in the Ranken Alumni Association

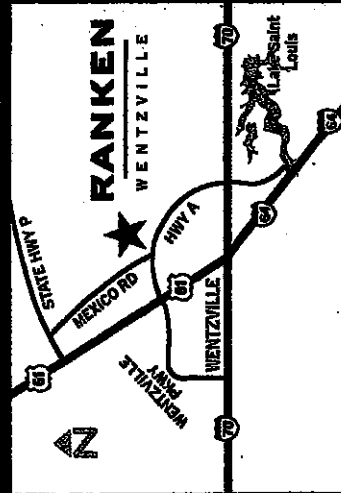
# A+ PROGRAM

» Picture Yourself  
in Ranken's  
A+ Program

# EXPERIENCE RANKEN'S FOR YOURSELF.



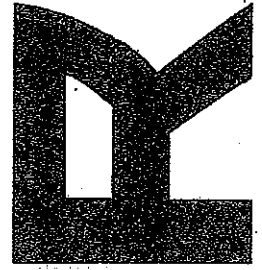
Thursday,  
March 14  
2013  
2 p.m. - 7 p.m.



RANKEN WENTZVILLE  
755 PARR RD.,  
WENTZVILLE, MO 63385

RANKEN TECHNICAL COLLEGE  
4431 FINNEY AVENUE  
ST. LOUIS, MISSOURI 63113

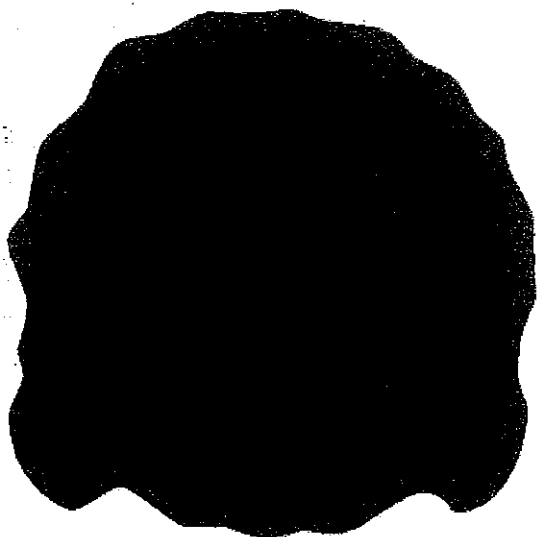
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    - Information Technology
    - Microsoft Windows Server
    - Bachelor of Science in Applied Management
  - » STARTING FALL 2013
    - Advanced Manufacturing Technology
    - Building Systems Engineering Technology
  - » STARTING FALL 2014
    - Nuclear Technology



**Linn State Technical College**  
**One Technology Drive**  
**Linn, MO 65051**



**800.743.8324**  
**[www.linnstate.edu](http://www.linnstate.edu)**



## **Program Choices**

Automation & Robotics Technology\*  
 Automotive Collision Technology  
 Automotive Technology  
 -General Option  
 -Electric/Hybrid Vehicle Option  
 -High Performance Option  
 -Light-Duty Diesel Option  
 Aviation Maintenance  
 Business Systems Specialist  
 -General Option  
 -Automated Accounting Systems Option  
 Commercial Turf & Grounds Management  
 Computer Programming  
 -General Option  
 -Web Design Option  
 Construction & Civil Technology  
 Design Drafting Technology  
 Electric Power Generation Technology  
 Electrical Distribution Systems  
 Electronics Engineering Technology  
 -General Option  
 -Biomedical Engineering Technology Option  
 Heating, Ventilation, & Air Conditioning Technology  
 Heavy Equipment Operations  
 Heavy Equipment Technology  
 -General Option  
 -CAT Dealer Service Technician Option  
 Industrial Electricity  
 -Construction Emphasis  
 -Electronic Controls Emphasis  
 -Programmable Logic Controllers Emphasis  
 Industrial Maintenance Technology  
 Machine Tool Technology  
 Medium/Heavy Truck Technology  
 Networking Systems Technology  
 -General Option  
 -Telecommunications Option  
 Nuclear Technology\*  
 -Instrumentation and Control Option\*  
 -Radiation Protection Option\*  
 -Reactor Operations Option\*  
 Physical Therapist Assistant\*\*  
 Powersports Technology  
 Welding Technology

*Go online for program  
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 of Applied Science  
 Degrees and Certificates.  
[www.linnstate.edu/academic](http://www.linnstate.edu/academic)*



\* Located at the Advanced Technology Center in Mexico, MO

\*\* Located in Jefferson City, MO; Poplar Bluff, MO; & Trenton, MO



## Geographic Distribution

The Class of 2016 entered West Point with 1,193 new cadets, including 15 international cadets. Cadets were nominated by Congress from each of the 50 United States, as well as from military service sources. Thirty-five combat veterans entered West Point with the Class of 2016.

The international cadets are from the countries of Afghanistan (2), Bulgaria, Gabon, Guyana, Haiti, Kazakhstan (2), Malaysia, Mongolia, Philippines, Qatar, Saudi Arabia, and Thailand. Upon graduation, those cadets will return to their countries as officers in their respective armed forces.



New cadets wait between R-Day stations.



A new cadet gets the standard male haircut on R-Day.

## Qualifications

To be considered for admission to West Point, you must be a citizen of the United States, be at least 17 but not yet 23 years old on July 1 of the year you enter the academy, be unmarried, and have no legal obligation to support any children.

You must also complete academic (SAT and/or ACT, including the optional writing portion), fitness, and medical testing requirements.

## Financial Aid

The United States Government provides tuition, room and board, and medical and dental care. In addition, a cadet receives an annual salary from which is taken the cost of uniforms, books, a personal computer, and living incidentals.

### For more information:

Admissions.WestPoint.edu  
Director of Admissions  
United States Military Academy  
606 Thayer Road  
West Point, New York 10996-1797  
845-938-4041  
Admissions@WestPoint.edu



UNITED STATES MILITARY ACADEMY  
**WEST POINT®**

# USMA Class of 2016

AT WEST POINT ...



**DUTY** ... IS WHAT WE DO.  
**HONOR** ... IS HOW WE DO IT.  
**COUNTRY** ... IS WHY WE DO IT.

The United States Military Academy is unique. Since 1802 it has enjoyed a reputation for academic excellence, physical challenge, and preparation for Army leadership.

During four years of preparation for a career of service as an Army officer, you are challenged by an academic curriculum that offers a balanced education in the arts and sciences while also permitting you to pursue academic specialization.

A West Point education includes a core of 26 to 30 courses and 37 majors to provide depth in the area of special interest you choose.

As a junior you may compete for a Truman Foundation scholarship; you may seek graduate study opportunities from Rhodes, National Science Foundation, Olmsted, Hertz, Marshall, East-West, and

Rotary scholarships as a senior.

Upon graduation, you will be awarded a Bachelor of Science degree and a commission as a second lieutenant in the U.S. Army. Most graduates who remain in the Army after the initial five-year obligation obtain advanced degrees at a civilian university.

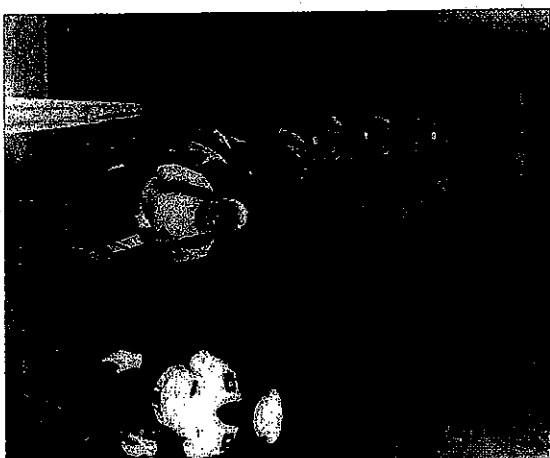
Preparation for West Point requires a sound secondary school education. You should complete as a minimum: four years of mathematics (including trigonometry); four years of English; two years of a foreign language; two years of laboratory science and one year of history.

If you complete college-level courses before entering West Point, you may be able to validate your course work to obtain advanced placement, but you must complete four full years at West Point in order to graduate. Participating in school, church, scouting and community activities will help you build a strong foundation in leadership. Active participation in sports is, by far, the best preparation for West Point's rigorous physical development program.



A new cadet starts her journey on R-Day.

## CLASS OF 2016 PROFILE



New cadets leave Thayer Hall on R-Day.

### ACT Scores\*

Range	English	Math	Sci/Reas	Reading	Writing
31-36	42%	34%	28%	55%	16%
26-30	38%	50%	46%	30%	53%
21-25	19%	16%	26%	14%	30%
16-20	1%	0%	0%	1%	1%
11-15	0%	0%	0%	0%	0%
Mean	29	29	28	30	27

### SAT Scores\*

Range	Critical Reading	Math	Writing
700-800	21%	27%	16%
600-699	46%	53%	37%
500-599	29%	19%	39%
400-499	4%	1%	8%
300-399	0%	0%	0%
Mean	627	654	606

\* Includes only scores used as a basis for admission.

### Volume of Applicants

Men Women Total

Applicant Files Started..	12,101	3,070	15,171
Nominated .....	3,553	732	4,285
Qualified (in academics and physical aptitude) .....	2,191	438	2,629
Admitted .....	1,002	191	1,193

### Rank in High School Class

First Fifth.....	72%
Second Fifth .....	18%
Third Fifth .....	8%
Fourth Fifth .....	1%
Bottom Fifth .....	0%

### Academic Honors

Class Valedictorians .....	100
Class Salutatorians.....	46
National Merit Scholarship Recognition.....	219
National Honor Society.....	724

### Activities

Boys/Girls State Delegate .....	227
Class or Student Body President.....	235

### School Publication Staff

School Paper Editor, Co-Editor or Staff.....	114
Yearbook Editor or Co-Editor .....	79
Debating .....	148
Dramatics .....	92

### Scouting Participants.....

Eagle Scout (men) or Gold Award (women).....	168
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### Varsity Athletics .....

Letter Winner.....	1043
Team Captain .....	769



UNITED STATES MILITARY ACADEMY  
**WEST POINT.**

**Summer Leaders Experience (SLE)**

*Here are some preliminary requirements to attend the SLE:*

*SLE Applicants must:*

- be a high school junior (current year)
- be a US citizen
- reach the age of 17 by July 1 (of the year they would be a USMA Freshman)
- **MUST** have a valid PSAT, PLAN, SAT or ACT test score

*The SLE application process opens early in January of each year as stated above. SLE application is a two-part process. First, applicants must complete the "Candidate Questionnaire" which is Part I of the United States Military Academy application. Since this first step in applying for the Summer Leaders Experience is Part I of the USMA application process SLE applicants will also have an open USMA application file which will save them time and effort should they later decide to apply to become a USMA cadet.*

*After finishing Part I, applicants interested in SLE must submit Part II (Workshop/Week Preference) in order to compete for an SLE offer. The SLE application link can be found in the top right corner of this page. The link will only appear during the SLE application window January through April.*

**To be clear, individuals interested in applying for the Summer Leaders Experience (SLE) MUST complete Part I and Part II of the West Point application.**

**How are you spending the summer after your junior year of high school?**

*Get introduced to a completely different college experience by attending our SLE.*

*This is a week-long immersion in academic, military and social life for those considering the United States Military Academy. You will explore the United States Military Academy from all angles, including some intense military training and athletic activities. An action packed week, it's the best way for you to gauge the challenges you would encounter and overcome as a United States Military Academy cadet.*

### **Academics Experience**

You can choose from a variety of courses in different academic areas, such as ([click here for more details in our SLE Information Brochure](#)):

- Science
- Mathematics
- Engineering
- Humanities
- Modern Languages
- Psychology

### **Military Experience**

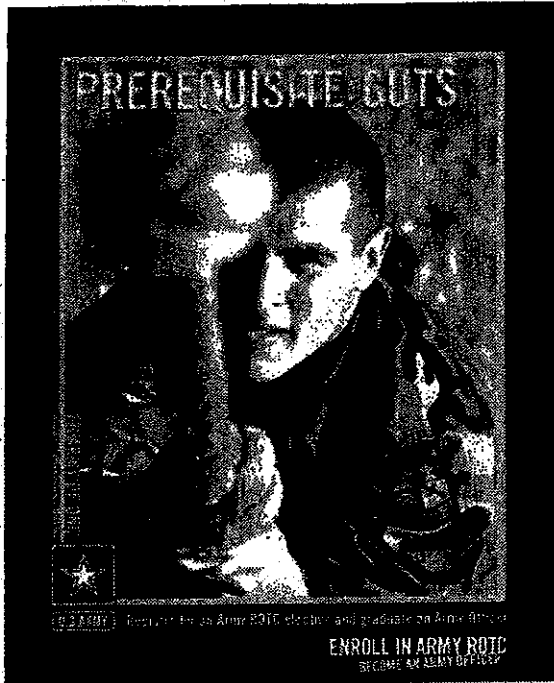
You will also take part in daily military training including:

- Physical Training
- Weapons Familiarization
- Obstacle Courses
- Leadership Reaction Course

### **Athletic and Social Experience**

You'll enjoy a mixer, a barbecue, and other social events, where you'll get to know other future and current West Point cadets. You will also have the chance to ask them questions about the Academy and the Army. The entire week will give you a good sense of whether the United States Military Academy is a good fit for you.

**Once Open for Registration - Apply Early** The SLE application window opens January 8, 2013 and closes April 1, 2013. Acceptance for SLE is very competitive, so apply online early. Approximately 500 students are selected to attend SLE for each of the two sessions. The cost is \$400, not including your transportation costs. Admission for SLE is on a rolling basis, which means acceptance letters will go out even before the April 1 application deadline. For more information please see our brochure and the link to the FAQ page on the right. For any other questions, please email us at [admissions@usma.edu](mailto:admissions@usma.edu) Please note: SLE was formerly known as the Summer Leader Seminar (SLS) or Summer Leader Program (SLP). The program's title has been changed to Summer Leader Experience (SLE) because this new title is descriptively more accurate. If you encounter older literature or resources referring to SLS or SLP, please know that this is effectively referring to the current SLE program and except for the name, is very much the same experience described in that literature.



**1. HOW DO I GET A SCHOLARSHIP?** You can qualify for a four- or three- year scholarship right out of high school. Log on to [www.armyrotc.com](http://www.armyrotc.com) to apply, or call 1-800-USA-ROTC to have an application mailed to you. We also have 3, 2.5 and 2-year scholarships available as part of our Campus-Based Scholarship Program that you may be eligible to compete for when you enroll in one of our classes. Freshmen and sophomores can apply for these scholarships from any degree program. **3 Year scholarships are worth up to 90K in benefits!**

**2. WHAT ARE THE BENEFITS OF GETTING A SCHOLARSHIP?**  
**- FULL TUITION AND FEES**

- As an extra incentive, Embry-Riddle Aeronautical University provides an additional \$7,000/year assurance to three and four-year designees based upon number of qualified applicants. The scholarship pool may be limited by the University.
- Tax-free subsistence allowance paid at the rate of up to \$500 per month, up to ten months of the school year
- Books paid at the rate of \$900 per year

**3. DO I HAVE TO EARN A SPECIFIC DEGREE IN ORDER TO BE AN ARMY OFFICER?** You can choose any major at Embry-Riddle and be an Army officer, because getting the branch you want is not dependent on your degree. The number one deciding factor is your GPA. Other

considerations are: qualified physical exam, physical fitness, and cadet evaluations from your instructors.

**4. WHAT IS THE OBLIGATION TO JOIN ROTC?** There is no obligation to the join Army when you take our classes as a freshman or sophomore unless you are on scholarship. If you decide to contract with us and receive a commission, you incur a 4-Year Active Duty commitment. The exception to this is if you receive your commission through the U.S. Army Reserve or National Guard; there is no active duty commitment.

**5. WHAT DOES ARMY ROTC DO FOR ME?** AROTC enhances a student's education by providing unique leadership and management training, along with practical experience. ROTC students have a valuable opportunity to earn a college degree and an officer's commission at the same time.

ARMY ROTC produces leaders. It offers a tremendous combination of fun, fellowship, excitement, and learning which can only be achieved by being a part of it. By taking our classes, you may also be eligible to attend one of our summer training programs such as the U.S. Army Airborne School (parachute training) or Mounted Maneuver Training (drive the M1Abrams tank for two weeks).

**6. HOW DO I BEGIN TO LEAD?** Upon enrolling in the Fall Semester at Embry-Riddle Aeronautical University, sign up for MSL 101 (First Year Military Science) and the corresponding Leadership Laboratory MSL 101L. This freshman-level course introduces students to leadership models and studies of leadership styles and group dynamics. It also introduces cadets to basic military skills such as land navigation with map and compass, rifle marksmanship, and first aid techniques. This class is the best class on campus, and again, there is no obligation to the Army.

**7. HOW CAN I CONTACT ARMY ROTC TO GET A SCHOLARSHIP OR SIGN UP FOR CLASS?** Click on our website above for more information about our program. There is also a link to apply for a scholarship if you are a high school senior. If you do not have access to a computer and wish to apply for a scholarship now, call 1-800-USA-ROTC. You can also contact our office at the address and numbers below.

**Contact:**

Army ROTC Department  
Embry- Riddle Aeronautical University  
3700 Willow Creek Road  
Prescott, AZ 86301-3720  
Toll Free: 1-800-888-ERAU (ext. 3870)  
Dial direct at: (928) 777-3870  
Email our Enrollment Advisor: [kent.macgregor@erau.edu](mailto:kent.macgregor@erau.edu)

**Requirements to Earn a Scholarship**

- Be a U.S. Citizen
- Be under 27 years old at graduation (waivers possible for prior service)
- Meet required medical and fitness standards
- Have minimum SAT of 920/ ACT 19
- Be enrolled in college as a full-time student

# UNITED STATES NAVAL ACADEMY

## *Admissions*

### Steps for Admission



You should apply for admission between April of your junior year in high school and January of your senior year in high school. The earlier you apply the better. If you would like deadline reminders, admissions information, or to ask questions about the admissions process, please "like" our [Naval Academy Admissions Facebook page!](#)

If you fall into one of these categories please click on the appropriate link to the right to read the important supplemental information needed for the application process first:

- [Previous candidates/College candidates](#)
- [International students](#)
- [United States citizens living abroad](#)
- [Active duty service applicants](#)
- [Homeschooled candidates](#)
- [Former midshipman seeking re-admission](#)
- [General advice for grades 9-12](#)



## Summer Seminar

The United States Naval Academy Summer Seminar is a fast-paced, six-day experience for high achievers who have completed their junior year in high school. Summer Seminar teaches you about life at the Naval Academy, where academics, athletics, and professional training play equally important roles in developing our nation's leaders. If you think that you may be interested in pursuing an appointment to one of the nation's service academies and serving your country as an officer, you should seriously consider attending the Naval Academy's Summer Seminar.

### 2013 Summer Seminar Dates:

Session 1: 1-6 June

Session 2: 8-13 June

Session 3: 15-20 June

**Apply Now! ([https://candidateinformation.usna.edu/ITSD/nass/acawu012\\$.startup](https://candidateinformation.usna.edu/ITSD/nass/acawu012$.startup))**

All applicants will be notified of their status by April 15, 2013. Please note when filling out the application that it is more important for your information to be correct than it is for you to be one of the first applicants. Please verify ALL information before submitting your application. Please do not mail additional items to our office (transcripts, letters of recommendation) as these items are not required for the NASS application and we have no way of storing them. You will be asked for these items at a later date if you become an official candidate for admission to the Naval Academy.

## NAVAL RESERVE OFFICERS TRAINING CORPS (NROTC) SCHOLARSHIP PROGRAM

### What you get – up to \$180,000 for college:

- Money for tuition, fees and living expenses
- A choice of schools from more than 160 world-class colleges and universities
- A head start in your chosen career
- Navy Officer status while in school
- Opportunities for postgraduate education

### What you'll experience:

- Officer rank, pay and benefits
- Scheduled raises
- Regular opportunities for advancement
- World travel opportunities
- Valuable work and leadership experience

### What you need:

- Acceptance to a four-year college or university
- SAT scores: 530 verbal/520 math
- ACT scores: 21 math/22 English, or graduate in the top 10% of your high school class
- U.S. citizenship
- Passing score on the Navy physical

For more information, ask your counselor or visit [navy.com](http://navy.com)

## HIGH-TECH OPPORTUNITIES

### What you get – an outstanding career:

- A choice of more than 60 high-tech, high-demand fields
- Competitive pay with scheduled raises
- Regular opportunities for advancement
- Food and housing allowance
- 100% medical coverage
- Retirement and pension plans
- Potentially, full tuition for college through the Post-9/11 GI Bill usable for up to 15 years after fulfilling your service commitment
- Up to 100% tuition assistance while serving Active Duty

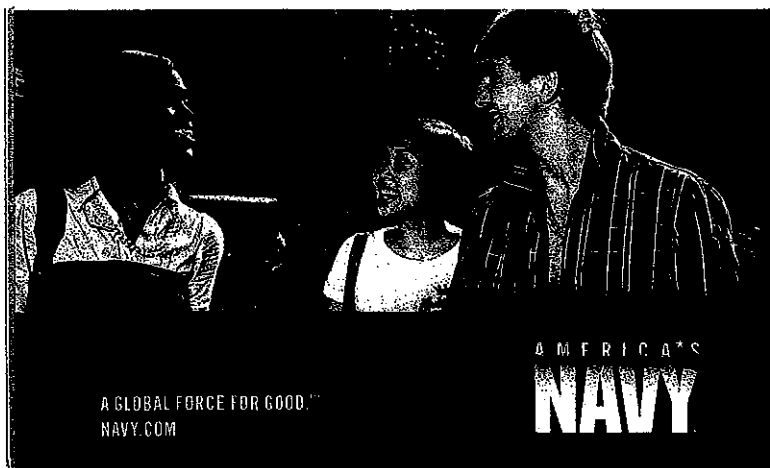
### What you'll experience:

- World travel opportunities
- On-the-job training
- Valuable skills for future employment

### What you need:

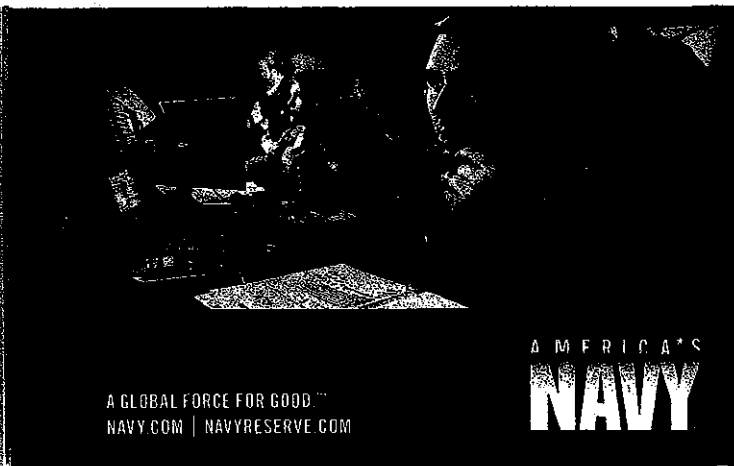
- High school diploma or GED
- U.S. citizenship
- Passing score on the Navy physical

For more information, ask your counselor or visit [navy.com](http://navy.com)



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[NAVY.COM](http://NAVY.COM)

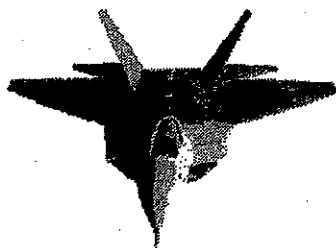
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[NAVY.COM](http://NAVY.COM) | [NAVYRESERVE.COM](http://NAVYRESERVE.COM)

AMERICA'S  
**NAVY**





# AIR FORCE ROTC

## Frequently Asked Questions



### 1. HOW CAN I ENROLL IN AIR FORCE ROTC?

You do not have to have a scholarship to enroll in Air Force ROTC. You simply register for Air Force ROTC like you register for your other classes. First-term freshman register for AF101 (one credit hour) and AF101L (Leadership Lab). First-term sophomores register for AF201 (one credit hour) and AF201L (Leadership Lab). Air Force textbooks and uniforms are provided free of charge by Air Force ROTC.

### 2. ARE AIR FORCE ROTC SCHOLARSHIPS AVAILABLE?

**YES.** You can compete for an Air Force ROTC *High School Scholarship Program (HSSP)* scholarship during the senior year of high school. Several different areas are evaluated: grade point average (GPA), class ranking, ACT/SAT scores, extracurricular activities, leadership positions, and an interview with an Air Force officer. Scholarships are awarded in science, engineering, and non-technical fields. Currently, aerospace engineering, electrical engineering, and computer engineering majors at Embry-Riddle are in demand. The scholarship (usually Type I - full tuition, or Type II - \$15,000 annual cap) pays tuition, lab and incidental fees, a \$300/semester textbook allowance, and \$250-\$400 a month (tax-free) during the school year. **As an extra incentive, Embry-Riddle Aeronautical University provides a minimum \$28,000 scholarship assurance to three and four-year designees. This is payable \$7,000 per academic year.** The scholarship pool may be limited by program and pool of qualified applicants. The scholarship is activated upon enrollment and is for the Fall and Spring semesters. This scholarship is renewable as long as the student continues to be in good standing for the ROTC tuition scholarship.

### 3. ARE THERE SCHOLARSHIPS AVAILABLE TO STUDENTS ALREADY ON CAMPUS?

**YES.** Freshmen and sophomores in *any* degree program may compete for *In-College* scholarships. Freshmen and sophomores have the opportunity to earn a 3 or 2-year scholarship. Additionally, *all* contract Air Force cadets receive \$250-\$400 a month (tax-free), regardless of scholarship status.

### 4. IS MAJORING IN AERONAUTICAL SCIENCE THE BEST WAY TO GET A PILOT SLOT?

**NOT REALLY.** Primary emphasis for pilot selection is on your Air Force Officer Qualifying Test (AFOQT) scores, grades (GPA), physical fitness test, and our evaluation of your potential. Your academic major is *not* a factor. The Air Force wants the highest qualified people to be pilots. It is based on merit and very competitive.

### 5. WHEN DO I INCUR A COMMITMENT TO THE AIR FORCE?

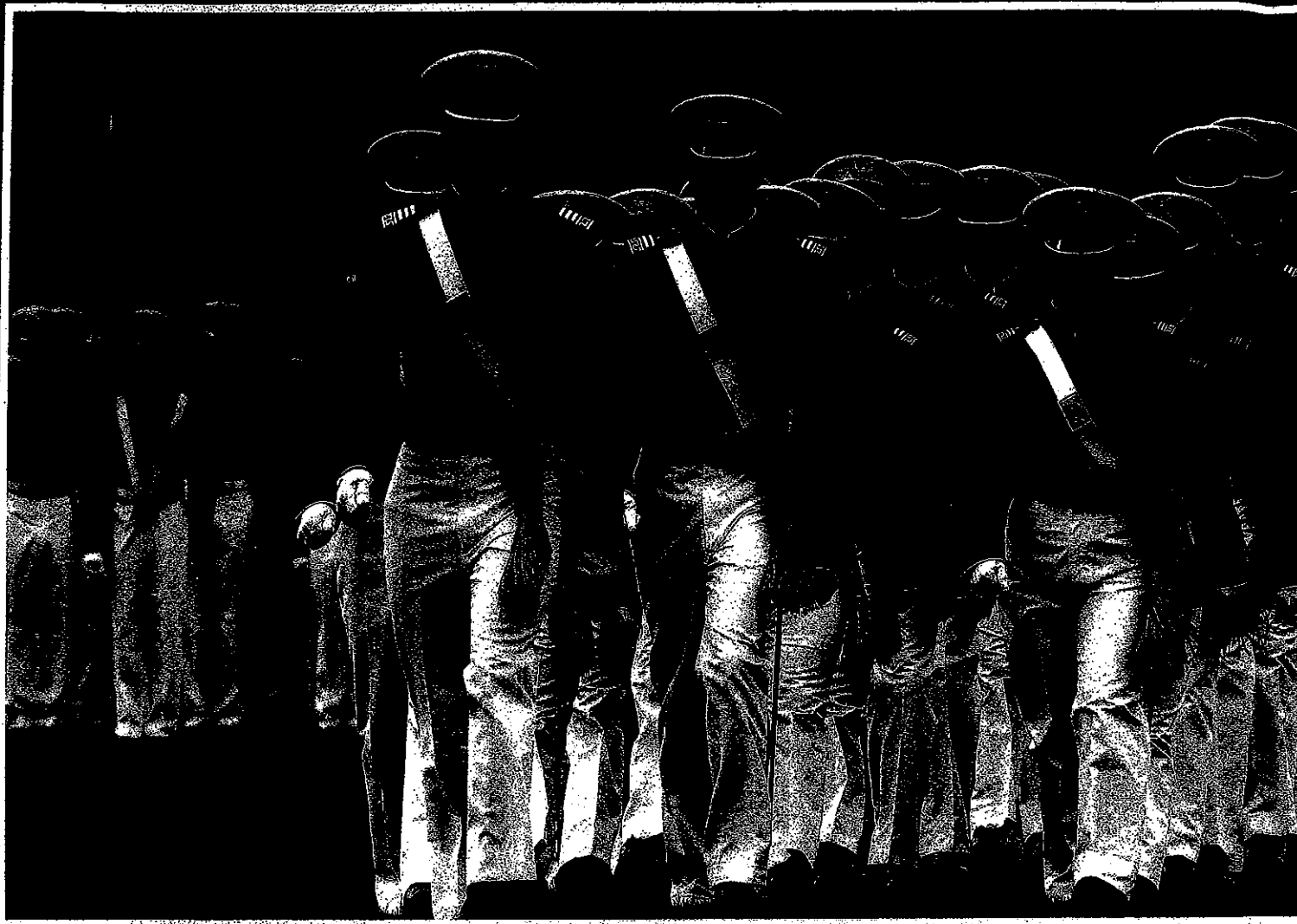
During Air Force ROTC, you have no commitment until you accept a scholarship or enter the Professional Officer Course. This commitment requires completion of the AFROTC program in pursuit of a commission. Once you commission as an Air Force officer, you will receive a service commitment of at least 4 years. Should you be awarded a pilot or navigator slot, pilots will serve 10 years after completion of training and navigators will serve 6 years after completion of training.

### Contact

Captain Darrell Charbeneau  
Air Force ROTC Det 028  
Embry-Riddle Aeronautical University  
Prescott, Arizona 86301-3720  
Toll Free: 1-800-888-ERAU (ext. 3868)  
Dial direct at: (928) 777-3868  
charbend@erau.edu



**U.S. AIR FORCE**  
**R•O•T•C**  
**CROSS INTO THE BLUE**



- INTEGRITY
- SERVICE
- EXCELLENCE

**United States  
Air Force Academy**



**Lt Col Natalie Onuoha**  
U.S. Air Force Academy/ROTC  
Admissions Liaison Officer

636-734-2358  
onuoha1@msn.com

AFROTC.com  
AcademyAdmissions.com

To be eligible to enter the Academy, you must be:

- A U.S. citizen
- Unmarried with no dependents
- Of good moral character
- At least 17, but less than 23 years of age by July 1 of the year you will enter

To be competitive for an Air Force Academy appointment, we recommend you complete the following high school courses at a minimum:

- Four years of English
- Four years of college-prep math
- Four years of lab science
- Three years of social studies
- Two years of a foreign language
- One year of computer study

Carefully consider dedication to duty, desire to serve others, ability to accept discipline, morality, and the enjoyment of challenge when deciding if an Air Force Academy education is right for you.



## CONTACT INFORMATION

HQ USAFA/RRS  
2304 Cadet Drive Suite 2300  
USAF Academy CO 80840-5025  
1-800-443-9266  
academyadmissions.com

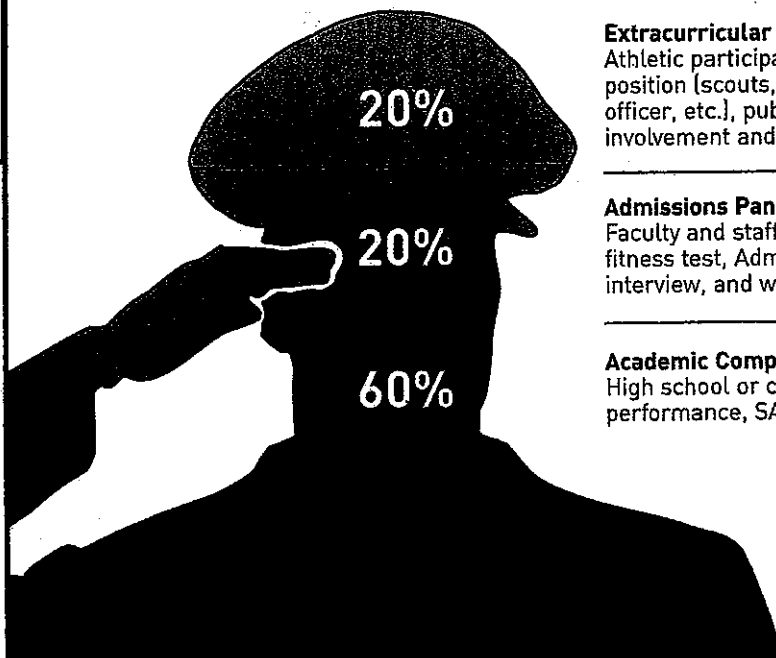
## ACADEMIC DATA

TEST	MID 50% RANGE	MEAN
ACT		
English	27-31	29
Reading	28-32	30
Math	28-32	30
Science		
Reasoning	27-31	30
SAT Verbal	590-660	629
SAT Math	630-690	658

EVENT	TIME	MEN (max. score)	WOMEN (max. score)
Basketball Throw	2 min.	102 ft.	66 ft.
Cadence Pull-Ups	2 min.	18	7
Flexed-Arm Hang (women only—alternative to pull-ups)			TBD
Shuttle Run	2 min.	7.8 sec.	8.6 sec.
Sprint 30 feet, touch hand and foot, sprint back to start—finish line, repeat			
Modified Sit-Ups	2 min.	95	95
Push-Ups	2 min.	75	50
One-Mile Run	Until complete	5:20 min.	6:20 min.

## PROFILE OF A TYPICAL CADET CLASS

President/Vice President of Class or Student Body	16%
Valedictorian/Salutatorian	10%
Top 10% of High School Class	51%
Athletic Letter Awards	82%
Boys/Girls State or Nation	21%
National Honor Society	64%
Scouting	29%



### Extracurricular Composite

Athletic participation, leadership position (scouts, school clubs, class officer, etc.), public/community involvement and work experiences.

### Admissions Panel

Faculty and staff review, candidate fitness test, Admissions Liaison Officer interview, and writing sample.

### Academic Composite

High school or college academic performance, SAT or ACT scores.

## PREPARATION

Take SATs and ACTs as early as possible and as often as necessary

Consult with your high school counselor

## ONLINE APPLICATION

March 1 of Junior Year to January 31 of Senior Year

Apply as early as eligible

## STATUS

### IF RECOMMENDED

Write to nominating sources

### IF NOT RECOMMENDED

Consider AFROTC  
(Application due to AFROTC by December 1)

## CANDIDATE PHASE

### SEPTEMBER TO MARCH

Admissions Liaison Officer interview

Writing sample

Physical Aptitude Examination (PAE)

Medical examination

All paperwork completed

### QUALIFIED

SELECTIONS  
November to June

### APPOINTMENT

**NOTE:** If you do not receive an appointment and would like to reapply the following year, we recommend you enroll in another college, join AFROTC, and begin the application process again.